

Welcome to the fourth edition of the 19075 CIPN Study Newsletter!

We hope you're all doing well and staying connected with the latest updates from our study. It was wonderful meeting and speaking with so many of you during the URCC NCORP Annual Meeting. Your insights and dedication continue to inspire us as we move forward.

In this issue, we'll provide updates on participant recruitment. We'll also share important reminders about upcoming study-related changes and deadlines.

Let's keep pushing forward, one step closer to nerve recovery!

ODIE  
O'CONNELL

Can you help us test whether exercise treats chemo-induced neuropathy?

Also, can I have a treat?? I LOVE bananas and eggs!

URCC 19075  
STUDY MASCOT

**URCC19075: Multi-Center Randomized Controlled Phase II Trial of Exercise to Treat Chemotherapy-Induced Peripheral Neuropathy**

## STUDY UPDATES



Please ensure that the questionnaires are administered as close to the randomization date as possible (within a couple days) to capture up-to-date symptom information, especially if symptoms fluctuate over time.



An upcoming amendment to the study protocol (Amd3) will be out soon and will include important study related updates.

## RECRUITMENT UPDATE

Total accruals:  
78 of 120, or 65% of goal.

Current average monthly accruals:  
7 - 10 participants

Target average monthly accruals:  
9 - 12 participants



We value your questions and appreciate your feedback very much. Our study team will address your questions within a day. Please reach us at [URCC\\_19075@URMC.Rochester.edu](mailto:URCC_19075@URMC.Rochester.edu)

# 19075 CIPN

## This Month's Spotlight

"Throughout my involvement in the trial, I have gained valuable insights into the challenges faced by participants, particularly those residing in rural areas. When introducing the study, many patients expressed concerns about their ability to complete the required activities due to travel logistics and their busy schedules.

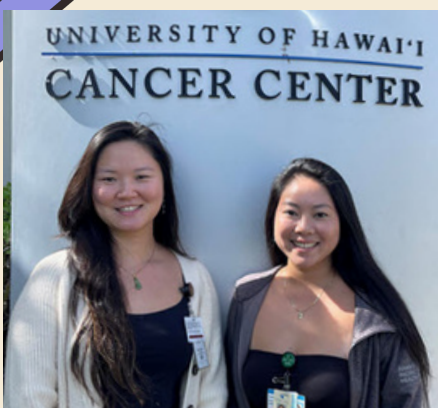
For instance, one patient was initially hesitant to participate, fearing that her planned trips and commitments would interfere with her ability to engage fully in the trial. Fortunately, the flexibility and support provided by the study team and the PEAK interventionist enabled her to participate successfully. She worked closely with an exercise instructor and was able to complete all study activities, demonstrating that the trial's adaptable structure can accommodate patients regardless of their geographical location or personal schedules. This experience has highlighted the importance of flexibility in clinical trials, especially in a diverse setting like Hawaii, where many patients face logistical challenges."

**-Jasmine**

"In my clinic, we have worked out a pretty good workflow for this study. During regular clinic and tele visits, if patients mention any CIPN symptoms, providers will mention that we have a clinical trial open that addresses CIPN and how exercise may help with their symptoms. If interested, they are given the study brochure, and I'm then notified to screen the patient fully. If they are eligible and interested, I will approach the patient directly or the provider will introduce me at their next visit.

I think this warm hand-off strategy has worked well for this study and many other studies as well. I think the study being introduced initially by the provider as an extra potential level of care is something that patients like hearing and are more willing to consider."

**-Courtney**



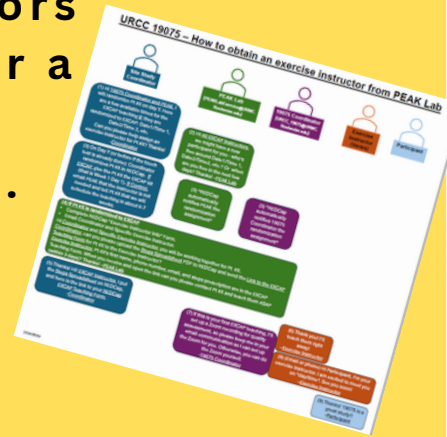
**Jasmine Chow and Courtney Chun  
Clinical Research Coordinators  
Hawaii NCORP**

**THE CIPN STUDY IS STRAIGHTFORWARD WITH JUST 2 ASSESSMENT TIME POINTS AND ONLY 2 FACE-TO-FACE VISITS.**

## STUDY TIPS & REMINDERS



Please let us know when you plan to randomize new participants so we can get exercise instructors ready for you. Click [here](#)\* for a useful info sheet on how to request an EXCAP instructor.



Please don't forget to collect demographic information from your participant -- don't just rely on your site's EMR (electronic medical record).



Our next monthly Q&A will be on November 7, 2024 (Thursday) at 1:30pm EST. See you there! Zoom link [here](#).



We have a quick info sheet\*\* that summarizes the 19075 CIPN in a nutshell. Click [here](#)\*\* to download it.

*\*document name: How to obtain an EXCAP instructor from PEAK Lab*

*\*\*for coordinator use only; not participant-facing  
document name: Quick Summary/Info Sheet*

